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especially men, for a period varying from ten days to a month, and on each subsequent occasion for two or three days, and must be purified by repeated ablutions before she may resume her place in the household. Also at the time of her confinement she is deemed unclean, and must remain for a few weeks in a separate lodge, attended generally by an old woman. The inland woman is not prolific, and abortions are not uncommon, which may probably be attributed in great measure to her life of labor and exposure. Children are not weaned till between one and two years of age; sometimes not until they abandon the breast of their own accord or are supplanted by a new arrival; yet though subsisting on the mother's milk alone, and exposed with slight clothing to all extremes of weather, they are healthy and robust, being carried about in a rude cradle on the mother's back, or mounted on colts and strapped to the saddle that they may not fall off when asleep. After being weaned the child is named after some animal, but the name is changed frequently later in life[180] Although children and old people are as a rule kindly cared for, yet so great the straits to which the tribes are reduced by circumstances, that both are sometimes abandoned if not put to death.[181]

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[180] In the Salish family on the birth of a child wealthy relatives make presents of food and clothing. The Nez Percé mother gives presents but receives none on such an occasion. The Flatheads and Pend d'Oreilles bandage the waist and legs of infants with a view to producing broad-shouldered, small-waisted and straight-limbed adults. *Tolmie and Anderson*, in *Lord's Nat.*, vol. ii., pp. 231–2. Among the Walla Wallas 'when traveling a hoop, bent over the head of the child, protects it from injury.' The confinement after child-birth continues forty days. At the first menstruation the Spokane woman must conceal herself two days in the forest; for a man to see her would be fatal; she must then be confined for twenty days longer in a separate lodge. *Wilkes' Nar.*, in *U. S. Ex. Ex.*, vol. iv., pp. 426–8, 485. The Okanagan mother is not allowed to prepare her unborn infant's swaddling clothes, which consist of a piece of board, a bit of skin, a bunch of moss, and a string. *Ross' Adven.*, pp. 324–30. 'Small children, not more than three years old, are mounted alone and generally upon colts.' Younger ones are carried on the mother's back 'or suspended from a high knob upon the forepart of their saddles.' *Parker's Explor. Tour*, p. 98. Houses among the Chopunnish 'appropriated for women who are undergoing the operation of the menses.' 'When anything is to be conveyed to these deserted females, the person throws it to them forty or fifty paces off, and then retires.' *Lewis and Clarke's Trav.*, p. 539; *Townsend's Nar.*, p. 78; *Alvord*, in *Schoolcraft's Arch.*, vol. v., p. 655.

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[181] With the Pend d'Oreilles 'it was not uncommon for them to bury the

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for entrance, and this is closed up after the bather enters. Stones are heated by a fire in the bath itself, or are thrown in after being heated outside. In this oven, heated to a suffocating temperature, the naked native revels for a long time in the steam and mud, meanwhile singing, howling, praying, and finally rushes out dripping with perspiration, to plunge into the nearest stream.[191] Every lodge is surrounded by a pack of worthless coyote-looking curs. These are sometimes made to carry small burdens on their backs when the tribe is moving; otherwise no use is made of them, as they are never eaten, and, with perhaps the exception of a breed owned by the Okanagans, are never trained to hunt. I give in a note a few miscellaneous customs noticed by travelers.[192]

These natives of the interior are a healthy but not a very long-lived race. Ophthalmia, of which the sand, smoke of the lodges, and reflection of the sun's rays on the lakes are suggested as the causes, is more or less prevalent throughout the territory; scrofulous complaints and skin-eruptions are of frequent occurrence, especially in the Sahaptin family. Other diseases are comparatively rare, excepting of course epidemic disorders like

[191] *Lewis and Clarke's Trav.*, pp. 343–4; *Parker's Explor. Tour*, pp. 241–2; *Ross' Adven.*, pp. 311–12.

[192] The Walla Wallas receive bad news with a howl. The Spokanes 'cache' their salmon. They are willing to change names with any one they esteem. 'Suicide prevails more among the Indians of the Columbia River than in any other portion of the continent which I have visited.' *Kane's Wand.*, pp. 282–3, 307–10. 'Preserve particular order in their movements. The first chief leads the way, the next chiefs follow, then the common men, and after these the women and children.' They arrange themselves in similar order in coming forward to receive visitors. Do not usually know their own age. *Parker's Explor. Tour*, pp. 87, 133–4, 242. Distance is calculated by time; a day's ride is seventy miles on horseback, thirty-five miles on foot. *Ross' Adven.*, p. 329. Natives can tell by examining arrows to what tribe they belong. *Ross' Fur Hunters*, vol. ii., p. 167. Kliketats and Yakimas often unwilling to tell their name. *Gibbs*, in *Pac. R. R. Rept.*, vol. i., p. 405. 'D'après toutes les observations que j'ai faites, leur journée équivant à peu près à cinquante ou soixante milles anglais lorsqu'ils voyagent seuls, et à quinze ou vingt milles seulement lorsqu'ils lèvent leur camps.' *De Smet, Voy.*, p. 205. Among the Nez Percés everything was promulgated by criers. 'The office of crier is generally filled by some old man, who is good for little else. A village has generally several.' *Irving's Bonneville's Adven.*, p. 286. Habits of worship of the Flatheads in the missions. *Dunn's Oregon*, pp. 315–6. 'A pack of prick-eared curs, simply tamed prairie wolves, always in attendance.' *Lord's Nat.*, vol. i., pp. 71–3.

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765 Grief at the death of a relative is manifested by cutting the hair and smearing the face with black. The women also howl at intervals for a period of weeks or even months; but the men on ordinary occasions rarely make open demonstrations of sorrow, though they sometimes shed tears at the death of a son. Several instances 762 765 of suicide in mourning are recorded; a Walla Walla chieftain caused himself to be buried alive in the grave with the last of his five sons. The death of a wife or daughter is deemed of comparatively little consequence. In case of a tribal disaster, as the death of a prominent chief, or the killing of a band of warriors by a hostile tribe, all indulge in the most frantic demonstrations, tearing the hair, lacerating the flesh with flints, often in- 782 flicting serious injury. The sacrifice of human life, generally that of a slave, was practiced, but apparently no- 765 where as a regular part of the funeral rites. Among the Flatheads the bravest of the men and women ceremonially bewail the loss of a warrior by cutting out pieces of their own flesh and casting them with roots and other [551] articles into the fire. A long time passes before a dead person's name is willingly spoken in the tribe. The 764 corpse is commonly disposed of by wrapping in ordinary clothing and burying in the ground without a coffin. The northern tribes sometimes suspended the body in a canoe from a tree, while those in the south formerly piled their dead in wooden sheds or sepulchres above ground. The Okanagans often bound the body upright to the trunk of a tree. Property was in all cases sacrificed; horses usually, and slaves sometimes, killed on the grave. The more valuable articles of wealth were deposited with the body; the rest suspended on poles over and about the grave or left on the surface of the ground; always previously damaged in such manner as not to tempt the sacrilegious thief, for their places of

164 756 *Pac. R. R. Rept.*, vol. i., pp. 405, 408. A Nez Percé doctor killed by a brother of a man who had shot himself in mourning for his dead relative; the brother in turn killed, and several other lives lost. *Ross' Fur Hunters*, vol. i., p. 239.